



The Gold Standards Framework (GSF) Care Homes Training Programme

the gold standards
framework[®]
in care homes

An Invitation to join the newly revised 2018 GSF Care Homes Programme designed to help you provide the best care for all your residents, right up until the end of life, empower your staff, transform the culture of care and significantly reduce hospital admissions and deaths

The GSF Care Homes Programme used by over 3000 care homes since 2004, is the most well recognised way to achieve long-term, effective sustainable change for care homes – the ‘gold standard’ of care. The new revised 2018 GSF CH Programme is now:

1. **Updated** – in line with current best practice, learning from Vanguard, with new resources
2. **Shorter** – 3½ days over 6 months with progress to accreditation within 9 months
3. **More affordable** – reduced charges as fewer training days, enabling greater uptake of training and accreditation
4. **Simpler** – focussed on 7 key tasks, progressing to Accreditation and Quality Hallmark Award
5. **Outcome focussed** – evidence of impact, audits, outcomes, systematic care, all useful as evidence for CQC inspections
6. **Digital-ready** – helps get you ready for better IT record sharing for integrated care
7. **Locally delivered** – offered locally or through GSF Regional Training Centres



“The new updated GSF programme represents incredibly good value, builds on 15 years of success involving thousands of care homes, where it has been shown to be transformational, not only for staff but for relatives and residents. GSF helps demystify dying, and encourages everyone to play their part, so staff morale improves and turnover decreases. In enabling better quality care, with better outcomes recognised by CQC, this helps differentiate quality homes from others, making them stand out in this vital area of care”.

Prof. Martin Green OBE, CEO Care England

Care homes have become one of the mainstays of end of life care outside hospitals and are key providers of person-centred care for about a fifth of the population in their final years, and even more for the increasing numbers with frailty and dementia. Care homes CAN have a significant impact on hospital services – **improving delayed transfer of care (DTC) and reducing hospitalisation**, enabling more to live and die at home. **GSF trained and accredited homes routinely HALVE their hospital admissions and death rates.**

GSF is the most widely used end of life care quality improvement programme for frontline staff across all sectors.

The new GSF Care Homes Programme is designed to help you provide residents with **systematic, proactive, person-centred, coordinated** end of life care, improving patient flow across boundaries of care, cost-effectiveness and improved outcomes. GSF empowers your staff to engage in more productive working relationships with GPs and other health and social care professionals as part of integrated joined-up working area.

GSF provides you with a nationally recognised kitemark for quality, leading to improved integrated cross boundary care and gold standard of care for people.



What do we hope to achieve with GSF?

1. Better quality of care experienced by all people nearing the end of life



3. Better outcomes for people living well and dying well where they choose

2. Better communication + coordination, systems, teamwork



4. Better outcomes for health systems, better use of limited resources, reducing over-hospitalisation



Accredited and Re-accredited teams recognised with the well-regarded GSF Quality Hallmark Award

As the most widely used end of life care improvement programme for frontline staff, GSF has been at the forefront of the national momentum of best practice since 2004. **GSF Care Homes Training Programme and Accreditation is recognised by:-**

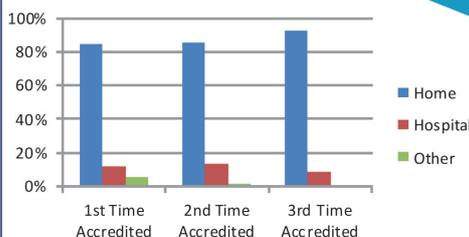
Skills For Care as an Excellent Provider, Care England, National Care Forum, National Care Association and Registered Nursing Home Association **and by Care Quality Commission. Many GSF homes receive outstanding and excellent CQC reports**



The Evidence:

- Spread** – More than 3,000 care homes GSF trained with hundreds GSF accredited (many reaccredited 2, 3 and 4 times).
- Impact** – CCGs. Significant reductions in hospital admissions and deaths in GSF homes, with home deaths increased, leading to significant cost-savings to CCGs eg £1.4m / CCG.
- Impact** – Residents and staff improved quality of care, culture change and positive feedback from relatives.
- Communication** – 95% GP practice uses at least basic GSF, most with a GSF/Pall Care Register including care home residents.

Place of Death



Reduced hospital deaths, more dying at home in 1st, 2nd, 3rd time accredited care homes



NOTE: New Reduced Charges

Reduced charges leading to greater affordability. Average cost for training programme £995 + VAT/care home, to include all staff for 2 years, with 10% reduction when booked with accreditation.

NEW GSF Care Homes Programme

Day 1	Day 2	Day 3	Day 4
1 Introduction and Preparation	2 Identify early	4 Living well	5 Family support 6 Compassionate care
	3 Advance Care Planning	5 Dying well	7 Systematic approach, Next Steps
Homework Preparation	Homework	Homework	Homework

Pre-Accreditation webinar and progression on to full Accreditation

What teams from GSF Accredited Care Homes say....

"I really think it was GSF that helped us get the outstanding rating. All the principles you implement when doing GSF are principles that help you to get an outstanding inspection from CQC. Inspectors mentioned that our care for people who are dying is like a hospice".

Paula du Rand, Manager, Kineton Manor Nursing Home rated outstanding by CQC

"GSF has improved what we do immensely, and we've noticed a major reduction in hospital admissions. In fact, hospitals and hospices are now referring patients to us to look after at the end of their lives."

Denese McPhee, Manager, Church View Nursing Home

"One of the overwhelming outcomes of GSF for us has been the significant culture shift across the whole home. The trepidation and angst,.... has now gone - Advance Care Planning is now embedded in the fabric of the whole organisation."

Louise Bruce, Owner, Melrose Care Home
GSF Care Home of the Year

Join the national momentum of best practice and become a gold home

Contact the National GSF Centre on:
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